



Build Your Own Pet First Aid Kit

(DISCLAIMER: This is a compromised list of items beneficial to your pet in a “pinch” but NOTHING will replace the advice, treatment and supervision of your veterinarian or local emergency clinic. Always consult your veterinarian prior to administering any first aid or medications/over the counter treatments)

A PLATFORM FOR THE ADVOCACY & EDUCATION OF SPECIAL NEEDS ANIMALS

- Information Card → With your contact information, your veterinarian, local emergency clinic and local/national poison control number.
- Information card indicating your pet’s baseline temperature, weight, any allergies etc.
- Commercial muzzle, slip leash
- Bandaging Materials
 - Sterile Gauze Pads/Telfa Pads (various sizes)
- 1-2 inch rolls of stretchable and non-stretchable gauze
- Elastic Bandage (Ace Bandage)
- Blunt Scissors for bandaging
- Saran Wrap/Plastic Wrap (to seal wounds)
- Blunt Tipped Tweezers
- Electric Clippers
- Needle Nose Pliers
- Large, Needleless Syringe or eyedropper
- Cotton Balls
- Sterile Saline (Contact Solution)
- Styptic Powder (Kwik-Stop)
- Petroleum Jelly/KY Jelly
- Rectal Thermometer
- Clean Towel/Blanket
- Cold Packs/Hot Packs
- Antiseptic Liquid Soap (Betadine Skin Cleanser)
- A&D Ointment (Antibacterial Ointment for scrapes/wounds)
- Benadryl (Antihistamine)
- Cortaid (Anti-Itch)
- Desitin (Soothing Ointment)
- Dramamine (Car Sickness/Nausea)
- Dulcolax (For Constipation)
- Epsom Salts (Irritated/Itchy Skin)
- Hypo Tears (Eye Lubricant)
- Kaopectate (For Diarrhea)
- Metamucil- Unflavored (For Diarrhea)
- Mylanta Liquid (Digestive Upset/Gas)
- Pepcid AC (For Vomiting)
- Pepto-Bismol (For Diarrhea/Nausea/Indigestion/Vomiting)
- Witch Hazel (Astringent/Topical Antiseptic)



Bifford For President

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<u>Temperature (in Fahrenheit)</u>	<u>What It Means</u>	<u>Call The Vet?</u>
106 or Higher	Emergency! Cool Your Pet!	YES! Immediately!
105	High Fever	YES, Same Day
104	Moderate Fever	YES
103	Moderate Fever	YES
102	Normal range	NO
101	Normal Range	NO
100	Normal Range	NO
99	Normal Range	NO
99-95	Mild Hypothermia	YES, Same Day
95 or Lower	Emergency! Warm Your Pet!	YES! Immediately!

<u>Membrane Color</u>	<u>What It Means</u>	<u>Call The Vet?</u>
Pink	Normal	NO
Pale to White	Anemia or Shock	YES, Immediately!
Blue	Suffocation	YES, Immediately!
Bright Red	Heatstroke	YES, Immediately!
Yellow	Liver Problems	YES, Same Day

- To measure your pet's heart rate, have him sit/lie in a relaxed position and place the palm of your hand over his left side directly behind the point of his elbow. Feel for the heartbeat and count the pulses in 15-second bursts then multiply this number by four to get the beats-per-minute.

<u>Heart Rate</u>	<u>Normal?</u>
Small Dogs (Up to 20#)	70-180
Medium-Large Dogs (More than 20#)	60-140
Cats	120-240
Puppies (Up to 6 weeks)	Up to 220
Kittens (Up to 6 weeks)	200-300